



Capital Humane Society

SHELTER SHARING

SUMMER 2013

Mission: To fulfill the promise of animals, the Capital Humane Society shelters animals, protects animals and teaches compassion and respect.

Capital Humane Society
2320 Park Boulevard
Lincoln, NE 68502
402.441.4488
www.capitalhumanesociety.org

Pieloch Pet Adoption Center
6500 S 70th Street
Lincoln, NE 68516

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 **Puppy Kindergarten Classes**
Call for dates and times

 **Cakes & Canines**
July 19

 **Fall Phonathon**
August 19 – September 13

Pieloch Pet Adoption Center Update



It all began years ago with a dream to make the world a better place for shelter animals, and the dream became a reality when ground was broken on February 29, 2012 on the southwest corner of 70th & HWY 2. The following day, a whirlwind of activity began as construction crews moved ground, poured foundations, framed walls, set kennels and cages, offices, and public areas all in just the right places.

The Pieloch Pet Adoption Center welcomed the Lincoln community earlier this month when the doors opened and began a new era with not only a new building, but a new future for dogs, cats and all pets searching for a new family. The Pieloch Pet Adoption Center features cat colony rooms as well as individual cat cages, private dog and puppy dens along with individual kennels, housing for nearly 30-40 adoption dogs and 60 adoption cats. The open foyer welcomes visitors and invites them to watch the playfulness of the cats and puppies while decisions are made on which pet may fit best into the family.

Pieloch Pet Adoption Center is not only for adoption animals. The facility will also provide the necessary space for sanctuary boarding in emergency situations. Animals with minor injury, illness or behavior problems will be given a greater opportunity to enter the adoption program with the availability of space and length of stay for rehabilitation not being a factor. An expanded education program will help pet owners establish and maintain a bond between pet owners and the family pet. The Center includes a conference room which can be used for education classes, animal behavior classes and meetings for the public. A sub-station for the Lincoln Police Department can also be found at the Center.

If you have helped in making this dream come true, we thank you! Donations are welcome, with naming opportunities for kennels and cat rooms still available.



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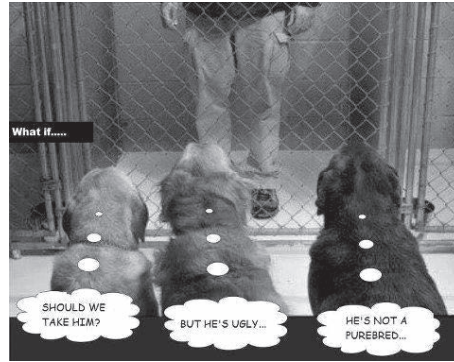
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Special Needs Pets

Hold A Special Place In Our Hearts

By Alisa Eichorn, Deputy Director of Operations

There's something about the animals with special needs that tug on our heartstrings. Maybe it's because they need more help than the average animal. Maybe it's because they are used to being handled with care. Sometimes their disability will result in a quick adoption, and sometimes it takes awhile. Whatever the case, it takes that special someone to walk through our doors and choose to adopt a special animal in need. Some will even argue that the animals choose their owners.

From a blind cat, deaf animals, a dog with a heart murmur, a dog with a partially paralyzed face, senior dogs and cats, pawless animals, to a dog with eyelid problems, we've seen a side to these animals that proves to make them adoption-worthy.

None of us are perfect, and we are so glad that people recognize the potential in these special needs cases. It's the best feeling in the world when any animal, but especially special needs animals like Zach, Izzie, Gambit & Francine, find a home.



ZACH



IZZIE



GAMBIT



FRANCINE

Volunteer Spotlight: Diane Gritz

The list of ways that Diane Gritz helps Capital Humane Society is long and impressive. She regularly works with the dogs in adoption, takes animals on pet therapy visits, provides office support, gives humane education tours and presentations, helps care for the adoption cats at Petco, assists at special events and more.

Diane has been sharing her time and talents with Capital Humane Society for 13 years. Her experience and dedication is deeply appreciated. There is never a doubt that when she is on a task, it will be done efficiently and effectively.

"Animals are my passion, especially dogs," Diane said. "I want to help them on their journey to their forever homes. Also, I can't get enough of being around the animals."

With many years of experience, she has bonded with a number of animals that have passed through the shelter doors.

"My favorite story is about Layla, the three-legged dog," she shared. "About five years ago, a large mix breed, black dog, born with only three legs came into adoption. She was timid and would cower in the back of her kennel. I would spend lots of time with her to help her get over being so scared."

Diane was thrilled when the dog finally found a loving, new home. It was several years later that she happened to see the dog and she said, "I called her name and she came running over with her tail at full wag. She remembered me."

"I've seen her several times, and she always remembers me. Things like that make me glad to be a volunteer."

Diane decided to begin volunteering when her beloved dog of 11 years passed away. Though she was interested in adopting another canine companion, she needed time, and found being in the company of dogs at the shelter was a "perfect solution." She did eventually adopt a German Shepherd that she loved for many years until he passed away. She now has a tabby and Shih Tzu which she also adopted from Capital Humane Society.



Diane is enjoying retirement and spending time with her family. Her positive outlook and considerate personality drive her to help others in need. She encourages volunteerism and says, "It will make you feel good."

"Life is good," she added. She has many interests and is active in the community, yet said, "My heart belongs to Capital Humane Society."

Capital Humane Society Out & About

Critter Corner

Time Warner Cable, Ch 13
Wednesday, 6:30 p.m.
Thursday, 5:30 p.m.
Saturday, 4:00 p.m.
Sunday, 7:30 p.m.

Lincoln Journal Star

Pet of the Week - Friday

Neighborhood Extra

1st Saturday of the month

KOLN-TV 10/11

Monday, 6:20 a.m.
Thursday, 12:20 p.m.

KLKN-TV 8

Every Wednesday, 11:50 a.m.

KZUM 89.3 AM

Saturday, 10:15 a.m.

KLIN 1400 AM

Thursday, 6:55 am

KFOR 1240 AM

Monday, 6:50 a.m.
Thursday, 8:45 a.m.

KFRX 106.3

Thursday, 9:00 a.m.

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CapitalHumaneSociety



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Web Site

www.capitalhumanesociety.org

Man's Best Friend

By Lynn Fry Collins, DVM

Are dogs truly man's best friend? New research is showing how dogs contribute to our health and well being. Can the furry face that you love really prevent heart disease, help beat cancer, and even aid in dealing with grief?

Taking a walk with your dog is one of the healthiest things that you can do for both you and your fuzzy friend. A recently published study showed that 60% of owners that took their pets on regular walks met federal criteria for moderate or vigorous exercise by doing 30 minutes of exercise a day, compared to 20% of the population without dogs. As we know, regular exercise helps prevent many chronic diseases in people like, heart disease, high blood pressure, and type 2 diabetes.

Several studies in the past have shown that pet owners have lower blood pressure and cholesterol levels. But why? Recent studies have shown that pet interaction triggers the release of oxytocin, also known as the "trust or cuddle" hormone. It aids in the bonding of mothers and infants, and also represses the secretion of stress hormones like cortisol. Cortisol suppresses the immune system, making you more susceptible to infections, cancer and cardiovascular disease.

Early cancer detection is crucial to successful treatment. Groundbreaking research is being done with tumor-sniffing dogs. Certain types of tumors have a very faint odor that some dogs can pick up on, possibly allowing for earlier detection than by any other means.

The benefits of pet ownership also go far beyond physical effects to the many mental benefits. Dog ownership helps children develop empathy (for other humans), alleviates depression and enables those with serious mental illness to recover faster. The benefits of having an animal nearby are three-fold: They provide "empathy" and "therapy" help us rebuild social bonds and serve as family in place of, or in addition to, our human "pack." Pet ownership also helps many people deal with the loss of a loved one.

As we all know, pets play a vital role in our lives, whether it's as physician, personal trainer, or therapist. Our pets make our bodies, and our minds, healthier and richer.

Vetstreet.com, by Carrie Sloan, March 21, 2012



Staff Profile: Charleen Engberg

Charleen Engberg is the Director of Volunteers and Education at Capital Humane Society. If she looks familiar, it may be because she held the position for several years in the mid 90's.

Charleen has more than 20 years of animal shelter experience. She was head of the volunteer and education departments for shelters in Virginia and Montana and volunteered her time at local animal welfare organizations while living in Massachusetts, Wisconsin and Japan. In addition to experience with pets in a shelter setting, Charleen was the hospital manager for a veterinary hospital near Boston where she gained valuable experience about animal health issues.



Promoting animal welfare is her passion and she is pleased to work at Capital Humane Society. She enjoyed living in and visiting many interesting places, yet is glad to be back home near her family in Lincoln. She lives a quiet, happy life with her husband of 22 years, their adopted dog Pilgrim, and adopted cats Bella and Jaxon.

Planned Giving today will help the animals of Capital Humane Society tomorrow! To ensure that your gift will go to the Capital Humane Society, please speak to your attorney or financial planner. Use the shelter's formal name in all documents:

Capital Humane Society, Inc.
A Nebraska Not for Profit
Organization
2320 Park Boulevard
Lincoln, NE 68502



Community
Services Fund
of Nebraska

Capital Humane Society is a member of the Community Services Fund. Capital Humane Society is also listed with the Lincoln and Lancaster County Area Combined Federal Campaign and Heart of the Midlands Combined Federal Campaign. Designate your payroll deduction to help the shelter animals.

Wish List

Bleach

Shoe Boxes

Aluminum Cans

Collars & Leashes

Non-Clumping Cat Litter

Rubber Gloves

Cat & Dog Treats

Washable Cat Toys

Hard Rubber Chew Toys

Paper Towels

High Efficiency (HE)

Laundry Detergent

Sticky Notes

Whiteout Ribbon

Wooden Chewing Blocks

Blankets/Towels

Aspen Bedding for

Small Animals

Little Critter Food

Shirt Boxes

Dryer Sheets

Ziploc Bags - Gallon Size

Purina Dog Food

Purina Puppy Chow

Purina Cat Chow

Purina Kitten Chow

Glass Cleaner

Toilet Bowl Cleaner

Carpet Samples

AA & AAA Duracell or
Ever Ready Batteries

Distilled Water

Yesterday's News Litter

Scrub Tops & Bottoms

Lint Rollers

Hand Sanitizer

Puppy Potty Training Pads

The Escape Artist

By Randy Yager

Escaping is a serious problem for both you and your dog, as it could have tragic consequences. If your dog is loose, he is in danger of being hit by a car, being injured in a fight with another dog, or being hurt in a number of different ways. In addition, you are liable for any damage or injury your dog may cause while he is loose.

We see many strays come into the shelter, as well as this being one of the top reasons owners surrender dogs at the shelter. A dog escaping from the yard is a major problem. In order to solve this problem, we must determine not only how your dog is getting out, but why.

Social isolation/frustration

- Your dog may be escaping because he is bored and lonely if he has been left alone for long periods without opportunities for interaction with you.
- His environment may be boring, without playmates or toys.
- He is a particularly active dog that needs an active job in order to be happy.
- The place where he goes when he escapes provides him with interaction and fun things to do.

I recommend expanding your dog's world and increasing his people time. Walk your dog daily. It's good both mentally and physically. Teach your dog a few commands and tricks, play fetch, and practice these daily. Take obedience classes with your dog; this will increase your bond tremendously. Provide your dog with interesting toys, such as Kong-type toys or busy-box toys to entertain him when you're not at home. Rotate your toys to make them seem new and interesting. Keep him indoors when you're not at home. Ask a friend or neighbor to walk your dog. Take him to a doggie day care a few times a week.

Sexual Roaming

- An intact dog's natural drive to seek out a female is very hard to prevent from escaping.

Neuter your dog. This will help in 90% of the cases and you will find he is a healthier dog.

How dogs escape

- Some dogs jump fences, but most actually climb them.
- Some dogs also dig under the fence.

Knowing how your dog gets out will help you modify your yard. For dogs that go over, add an extension to your fence that tilts in at about a 45-degree angle. For dogs that dig out, bury chicken wire at the base and place large rocks at the base.

Punishment

- Never punish your dog after he is already out of the yard.

Dogs associate punishment and corrections with what they're doing at that moment. Trying to correct the dog after the fact will not eliminate the escaping behavior; it will only make him afraid to come to you.

Dogs are wonderful! All they really want to do is spend more time with their humans, which they love...Let's love them back!

2013 Tails 'n Trails Pet Walk & Festival

Dogs and owners enjoyed a leisurely stroll along the prairie-like trails through the Fallbrook community. The Tails 'n Trails Pet Walk & Festival was held on Saturday May 18th at Fallbrook Town Center. Strange Medicine highlighted the day with the sounds of rock, blues, funk and country music. Walkers stopped by vet clinics, pet supply, training & specialty vendors, and animal welfare groups. Demonstrations by Greater Lincoln Obedience Club and the Weavers Guild of Nebraska showed the amazing things that dogs can be taught and ways they touch our lives.

Dogs stepped up to the Peanut Butter Lick challenge, and treats and toys awarded their feats at the races and retrieving contests. New this year was the Mutt Mutt Golf Course, the bean bag toss, and the hotdog eating contest!

The following sponsors and vendors participated in the events of the day, with the proceeds of Tails 'n Trails benefitting the shelter adoption program, foster care program and education program.

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We would also like to thank the many **VOLUNTEERS** who make this day such a great event for pets and their owners; Capital Humane Society volunteers and volunteers from the Lincoln community.